

**CARLOS J. LAVERNIA, MD**  
**Telephone: (305) 484-9727**  
**Fax: (786) 667-8723**

Dear Patient:

A brief note to let you know that if you are currently taking Aspirin or any anti-inflammatory non-steroidal such as Motrin, Diclofenac, Meloxicam, Naprosyn, Arthrotec, Aleve, Advil, Ibuprofen, Feldene, Voltaren or any Vitamins or any supplements to include Cayenne, Dong Quai, Echinacea, Fish Oil, Garlic, Ginger, Ginkgo Biloba, Ginseng, Kava Kava, Licorice Root, Ma Huang, Melatonin, Red Clover, St. John's Wort, CoQ10, Glucosamine and Vitamin E, you need to stop taking them at least two weeks before the date of your surgery. Any injections to include Mounjaro, Wegovy, Ozempic, Zepbound, Trulicity will also need to be discontinued two weeks before surgery.

Also, if you are taking Methotrexate, Xeljanz, Simponi, Enbrel, Humira, Brillinta, Eliquis, Xarelto, Pradaxa, Plavix or Coumadin you need to speak with your doctor as soon as possible, since he needs to discontinue this medication. This is very important, in order to prevent or minimize the possibility of infection or excessive bleeding during surgery.

If you have any questions, please do not hesitate to call our office at 305-484-9727.

Sincerely,

A handwritten signature in black ink, appearing to read 'Carlos J. Lavernia', with a stylized flourish at the end.

**Carlos J. Lavernia, MD**